

# The ONC Guide to Getting and Using your Health Records

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#### **Consumer Access Trends**

- Half of Americans in 2017 reported they were offered access to an online medical record by a provider or insurer.
- Over half of individuals who were offered online access viewed their record with the past year.
- Eight in 10 of the individuals who viewed their information rated their online medical records as both easy to understand and useful for monitoring their health.
- However, almost half of Americans in 2017 who were offered access to an online medical record did not access their record, frequently citing a perceived lack of need as one of the reasons for not accessing their record.

### **Introducing a New Consumer Resource**

- On April 4<sup>th</sup>, ONC released a new resource "<u>The Guide to Getting and Using your Medical Records</u>"
- The ONC Guide to Getting and Using your Health Records supports the 21st Century Cures Act goal of empowering patients and improving patients' access to their electronic health information
- It also supports the <u>MyHealthEData initiative</u>, a new White House Office of American Innovation Initiative to empower patients by giving them control of their healthcare information.

#### Demo



https://www.healthit.gov/how-to-get-your-health-record/



## **Next Steps**



- We are asking health systems and organizations to share the resource through their networks
- We are outreaching to stakeholders to ask them to post the associated <u>web badge</u>







# Thank you!

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