

# Addressing Health Equity with the Leading Edge Acceleration Projects



- 1. Overview of LEAP
- 2. AllianceChicago's Aligning Housing and Healthcare
- 3. MedStar Health Research Institute's Equity Engines
- 4. Discussion
- 5. Audience questions

# **LEAP Background**

- Address well-documented and fast emerging challenges that inhibit the development, use, and/or advancement of welldesigned, interoperable health IT since 2018
- Solutions are expected to further a new generation of innovating health IT and inform the development, implementation, and refinement of standards, methods, and techniques for overcoming major barriers in health information access, exchange, and use
- New Areas of Interest released annually
- One award per Area of Interest up to \$1M per award
- Awards are considered cooperative agreements
- Two-year period of performance



# AllianceChicago

- Jeremy Carr
- Fred Rachman, MD
- Shelly Sital, MPH

## MedStar Health Research Institute

- Mike Gillam, MD, FACEP
- Kristen Miller, DrPH, MSPH, MSL, CPPS



# Addressing Health Equity

Aligning Health and Housing (AHAH)

Leading Edge Acceleration Project (LEAP)



## **Problem**

Services addressing SDOH are disconnected and have disparate service providers with individual and disconnected care plans and tracking systems.



## Project Plan

- Leverage FHIR-based resources and the experience and capabilities of a strong partnership to enable service providers to break down barriers to integration and coordination of services in order to better address social determinants of health for individuals experiencing homelessness.
- Implementation of a functional shared interoperable care plan that spans the collective domains of needs and services of the two service organizations using disparate information systems/technology.
- Work with the Community Health Center (Heartland Alliance Health) serving homeless patients with complex health problems and needs, and a Homeless Services organization (Chicago House) to
  - 1. Understand and characterize the elements of a comprehensive care plan bridging the domains of need and services across both organizations
  - 2. Co-design and pilot test a standards-based, open source, FHIR enabled electronic interoperable care plan accessible to both institutions and the patient, and
  - 3. Conduct a rigorous evaluation of the pilot and publish findings.

# Goals & Objectives Summary

To create a shared care plan that addresses the following,

- 1. Collection and analysis of SDOH data in both EHR and other service provider information systems
- 2. Facilitation of closed-loop service referrals
- 3. Sharing of a care plan with patients through patient-facing tech (future goal)



#### Outcome & Metrics



Co-designed standards-based, open source FHIR enabled e-care plan for institutions and patients

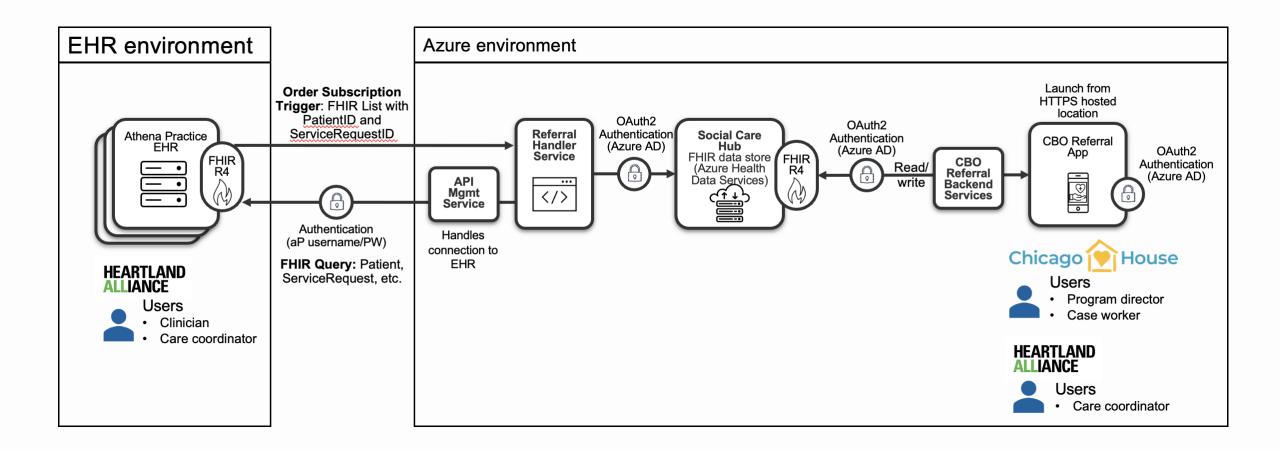


Success determined by evidence-based assessment tool for evaluation

Participant Reported Implementation Update & Score (PRIUS)



### Infrastructure Architecture



# Use Case 1: Housing services referral

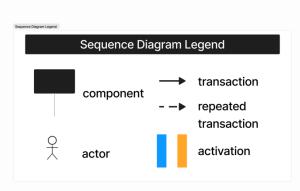


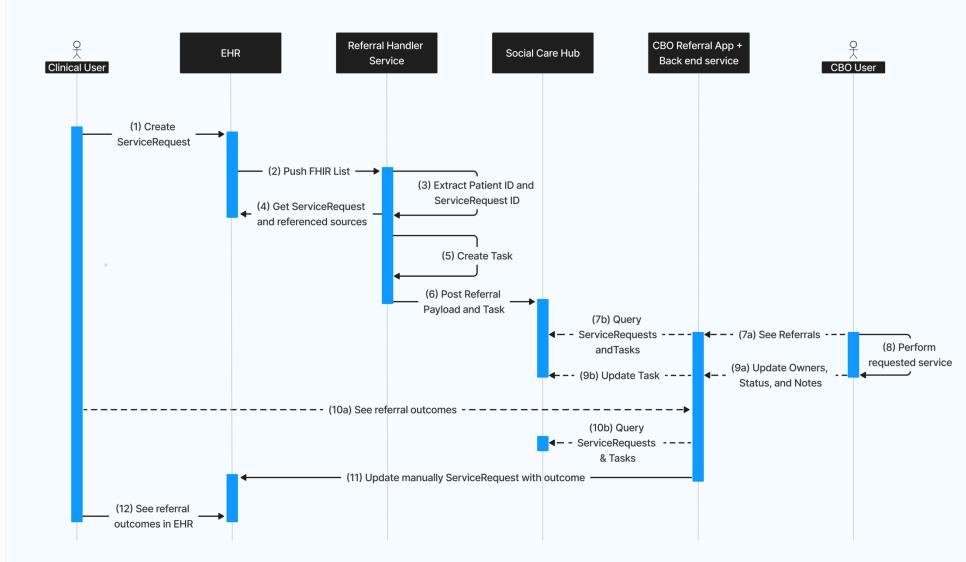
# Use Case 1: Referral for Housing Services

| WORKFLOWS            | 1. Create Referral   | 2. Send Referral  | 3. Manage Referral   | 4. Review Referral Outcome  |
|----------------------|--|---|--|---|
|                      | <ul><li>Choose referral type</li><li>Create referral order</li><li>Sign referral order</li></ul> | <ul> <li>Send FHIR IDs for referral and patient</li> <li>Query Referral bundle</li> <li>Create Task</li> <li>Post to Social Care Hub</li> </ul> | <ul><li>View referrals</li><li>Assign owner</li><li>Change status</li><li>Write notes</li><li>Close referral</li></ul> | <ul> <li>View Referral outcomes</li> <li>(Optional) Update EHR with Referral outcome</li> </ul> |
| ACTORS               | <ul><li>HAH clinician</li><li>HAH care coordinator</li></ul>                                     | • n/a   | <ul><li>CH case worker</li><li>CH program director</li></ul>   | <ul><li>HAH clinician</li><li>HAH care coordinator</li></ul>                                    |
| SYSTEM<br>COMPONENTS | • HAH aP EHR   | <ul><li>HAH aP EHR</li><li>Referral Handler Service</li><li>Social Care Hub</li></ul>   | <ul> <li>Community-based<br/>organization (CBO)<br/>Referral App</li> </ul>  | <ul><li>CBO Referral App</li><li>Social Care Hub</li><li>(Optional) HAH aP EHR</li></ul>        |
| FHIR<br>RESOURCES    | ServiceRequest   | <ul> <li>List</li> <li>Service Request</li> <li>Additional FHIR queries<br/>(patient, condition,<br/>observation etc.)</li> </ul>               | <ul><li>Task</li><li>ServiceRequest</li><li>Practitioner</li></ul>   | <ul><li>Task</li><li>ServiceRequest</li></ul>   |



# Sequence Diagram: Use Case 1







## Use Case 2: Medical services referral

 Pre-exposure prophylaxis (PrEP) referral

• Test or screening

Physical

• Etc.



2



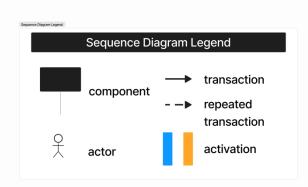
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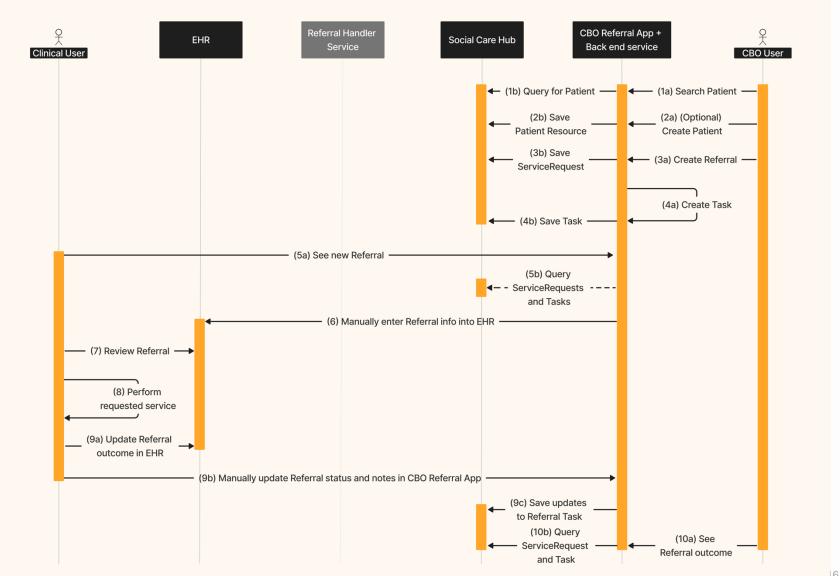
## Use Case 2: Referral for Medical Services

| WORKFLOWS            | 1. Create Referral   | 2. Triage Referral  | 3. Perform Service  | 4. Document Outcomes   |
|----------------------|--|---|---|--|
|                      | <ul> <li>Search for patient</li> <li>Select patient OR     Create new patient</li> <li>Create referral</li> <li>Save referral</li> </ul> | <ul><li>Enter referral into EHR</li><li>Review referral info</li><li>Assign clinician</li></ul> | <ul> <li>Schedule appointment</li> <li>Change status</li> <li>Document medical appt/<br/>follow-up</li> <li>Close referral</li> </ul> | <ul> <li>Update referral with<br/>outcomes in CBO App</li> <li>View referral outcomes</li> </ul> |
| ACTORS               | <ul><li>CH case worker</li><li>CH program director</li></ul>   | HAH care coordinator  | <ul><li>HAH care coordinator</li><li>HAH clinician</li></ul>  | <ul><li>HAH care coordinator</li><li>CH case worker</li></ul>                                    |
| SYSTEM<br>COMPONENTS | <ul> <li>CBO Referral App</li> <li>CBO Referral Backend<br/>Services</li> <li>Social Care Hub</li> </ul>                                 | <ul><li>CBO Referral App</li><li>Social Care Hub</li><li>HAH aP EHR</li></ul>                   | • HAH aP EHR  | <ul><li>CBO Referral App</li><li>Social Care Hub</li><li>HAH aP EHR</li></ul>                    |
| FHIR<br>RESOURCES    | <ul><li>Patient</li><li>ServiceRequest</li><li>Task</li><li>Practitioner</li><li>Organization</li></ul>                                  | <ul><li>Service Request</li><li>Task</li><li>Patient</li></ul>                                  | <ul><li>Task</li><li>ServiceRequest</li></ul>   | <ul><li>Task</li><li>ServiceRequest</li></ul>  |



# Sequence Diagram: Use Case 2





#### Connection Considerations Use Case 1

- EHR limitations may require modified approaches depending on the vendor and their ability to handle different FHIR / API models
  - EHR or local network security policies may require FQDN, or a static IP to limit allowed traffic for the FHIR connection into the EHR system.
     Azure by default assigns random IP by connection. Static IP can be acquired via Azure at a cost and can take a bit longer to initiate setup
  - Subscription Triggering by referral orders is not available with our system. We used a modified approach with HL7 ORM triggering, then transform the message to match the expected JSON messages which we post to the referral handler to minimize customizations to the referral app



## Connection Considerations Use Case 1 (cont.)

- EHR limitations may require modified approaches depending on the vendor and their ability to handle different FHIR / API models
  - Many EHR's do not allow Inbound ServiceRequest updates to update/close existing orders
    - We utilized a DocumentReference FHIR resource to post a txt file containing the summary notes from the referral in the Social Care Hub, routed to the staff member who ordered referral
    - Manual workflow defined to review notes and manually complete pending order in EHR



### Connection Considerations Use Case 2

- EHR and workflow limitations may require modified approaches
  - o Our EHR does not allow inbound ServiceRequests currently, so evaluated options for notification
    - Inbound Demographics (add Patient) is allowed systematically, however in review it is not best practice for the clinic to allow addition of new patients without proper review/assessment to avoid duplicate charts and ensure all necessary information is collected
      - System checks around add Patient functionality does not account for misspellings, or other incorrect data that frequently leads to the creation of duplicate chats
    - Clinic preference of manual workflow defined to monitor Social Care Hub, as well as continue with current warm handoffs directly between staff in this scenario to notify
      of new referrals back to the clinic



## Key Challenges

- **Policy**: Institutional EHR write-back limitations makes it not possible to close the loop electronically.
- **Human**: Patient populations served in these use cases do not have reliable and consistent access to devices that have internet access; this makes the use of patient-facing technology not feasible.
- **Scalability**: Scaling this interface to more clinics and CBOs will require state-wide agreement and implementation of privacy, consent, patient identity management, patient matching, system-to-system and end user authentication approaches.









**December 4, 2024** 

# **Equity Engines: Leveraging Human-in-the-Loop Patient-Generated Health Data**



MedStar Health
Center for Diagnostic
Systems Safety





**Project Goal:** To explore and demonstrate the use of equity-enhancing patient-generated health data (PGHD) for clinical care and research

## **Landscape Analysis**

- Environmental scan
- Stakeholder interviews and expert steering committee

## **Design & Development**

- Co-design workshops
- User design feedback sessions

### **Demonstration & Evaluation**

- Implementation across primary care sites
- RE-AIM evaluation



# Scoping Review Key Findings

**Objective:** Identify tools for PGHD capture and integration with a focus on health equity and patient co-development, addressing social determinants of health and bridging the digital divide.

# PGHD Opportunities

- Enhance patient engagement
- Provide a complete picture of patient health
- Help manage chronic conditions with timely, personalized interventions

# **Barriers to Adoption**

- Policy/ coverage challenges
- Digital health literacy
- Access to devices and disparities in broadband access
- Power, trust, equity







CE EVERYONE IS CAPABLE OF READING OR HEARING EVERY WORD PRESENTED, UNDERSTANDING EACH ONE, AND YET GRASPING NOTHING OF THE MEANING OF THE MESSAGE,

Wilhelms & Reyna

**AMA Journal of Ethics®** 

Illuminating the Art of Medicine



# **Engaging Stakeholders**

#### Phase 1

Semi-structured interviews with patients (n=20) and primary care providers (n=10)

#### Phase 2

Presented findings to the Equity Engines Steering Committee (8 experts in health equity, patient engagement, digital health solutions, health IT policy)





## **Content Discussed**

- Types of data tracked by patients
- Sharing data/ Integrating PGHD into the EHR
- Use of PGHD in clinical decision making
- Patient empowerment
- Health equity considerations
- Challenges and opportunities



# Why Hypertension (HTN)?

- HTN rates have worsened for racial and ethnic minority groups
  - Burden is higher among Black adults (56%) than non-Hispanic white (48%), non-Hispanic Asian (46%), and Hispanic adults (39%)
  - Worse outcomes including 4-5x HTN-related mortality, 30% higher rate of fatal stroke, 50% higher risk of cardiovascular disease mortality, and more than 4-5x higher risk of end-stage renal disease
- System innovations have shown improved HTN control across different populations
  - Home blood pressure monitoring; telemonitoring; teambased care
  - Interventions must be culturally tailored to be effective
  - 21% of disparities in HTN control explained by lack of treatment intensification and 14% by missed visits among Black patients

Significant risk factors for leading causes of mortality; leading single preventable risk factor



# **Co-Design Sessions**

#### **Empathy Mapping**

- Used to gain deeper insights into a user's experiences, needs, and emotions.
- Fosters user-centered thinking, ensuring that solutions address real needs and behaviors.

#### **Journey Mapping**

• Used to Illustrate steps in a process over time and identify top priorities.

#### **Prototype Development**

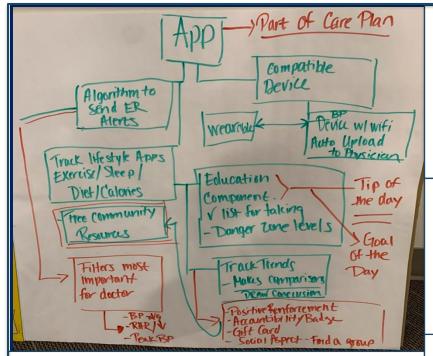
 Used to imagine potential functionalities and features of the proposed solution and platform.

## **Goals of Co-Design**

- Elicit experiences of patients and providers with PGHD
- Identify features and functions that could be incorporated into the Equity Engines solution
- Identify potential benefits and concerns of the demonstration project



# **Key Components in Prototype Development**



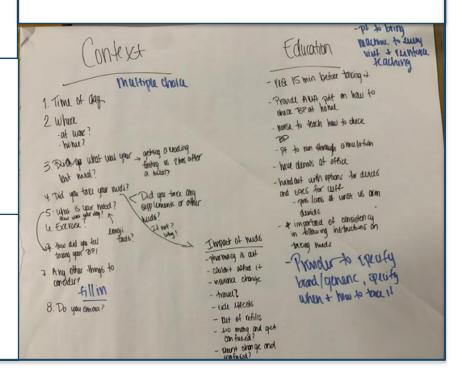
Education about HTN and home monitoring

Motivation and positive reinforcement in managing HTN

Real-time monitoring and triage

Community building, support, and engagement

Communication with the care provider team





# **Demonstration Case (Two Part)**

# Health Metric: Home Blood Pressure (BP) Monitoring

### Self-measured BP monitoring

- Confirm and manage HTN diagnosis
- Empower patients
- Increase physician monitoring

By tracking my BP levels, I know if it's too high or too low and if it's too high, I know what to do and what not to do.

# Patient-Reported Outcome: Medication Adherence/ Social Needs

Survey patients regarding medication adherence and potential social needs

- Monitor medication adherence
- Identify social needs
- Tailor interventions and strategies





# **Key Components of Both Demo Projects**

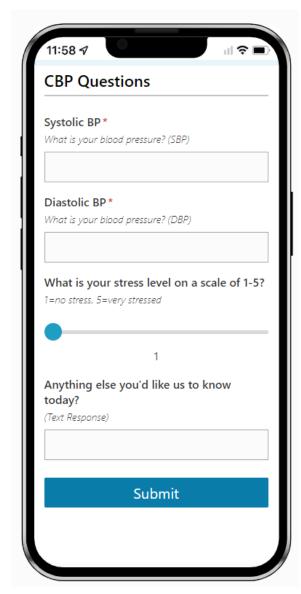
- Patients recruited from primary care practices (at providers discretion)
- 21 day care cycle
- Patients provided home BP monitor and batteries
- Anonymous, secure text messages
- Guidance on self-monitoring BP at home
- Assessing and addressing social needs that might affect adherence to HTN control strategies
- Culturally appropriate materials

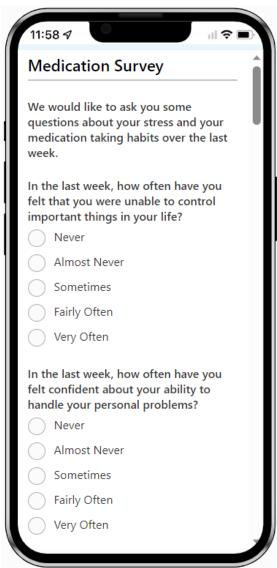


Patient education, patient empowerment, and patient engagement. Education starts first and foremost because we want patients to be empowered, and we want them to be engaged.







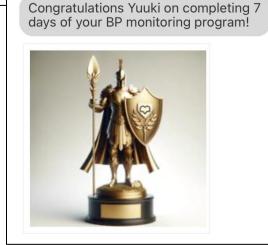




Stress Test Team ▼ Stress is an important cause of elevated blood pressure. Please read the attachment below for some helpful tips on ways to reduce stress in your

Educational materials on hypertension, stress, diet, exercise, sleep, and medications

Celebrations and achievements on data entry and pathway progress

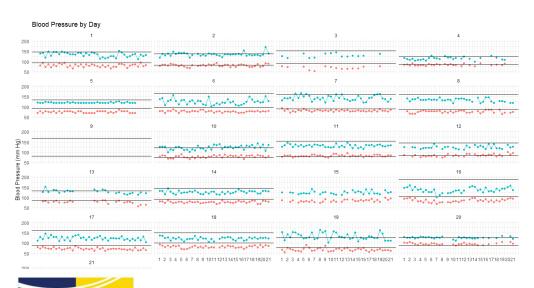


Week One Warrior! Test Team ▼



# **Key Findings**

- Clinically significant results
- Improved patient experience
- Improved provider access to data (with context)



It felt like it held me accountable, having to report my numbers daily. In order to get the numbers that I know you were looking for, it made me want to do the right thing and take my medicine daily.

I would definitely recommend using it. It got patients to take their BPs and I got to see them. It got patients more invested in something that is of high clinical importance to me, but of probably medium importance to them.

#### **Success Story!**

#### **Patient Profile**

- Male, mid-40s, Black
- Co-occurring HTN and diabetes.

#### **Pre-demonstration**

150s/80s BP in-clinic

#### Post-demonstration

- Routine visit
- 120/60 BP in-clinic
- Lifestyle changes
- Lost 22lbs (over 6 mos)
- Off of Insulin (A1C ~6)

"Specifically wants to thank the team because this program was the big thing that made him start to pay attention to his blood pressure and health"





MIKE GILLAM MD FACEP **HEALTHLAB CEO** FOUNTAIN LIFE PAST CHIEF DIGITAL OFFICER MICROSOFT FORMER FOUNDING DIRECTOR HEALTHCARE INNOVATION LAB mike@healthlab.com 202-436-1706

**HEALTHLAB** WASHINGTON D.C.



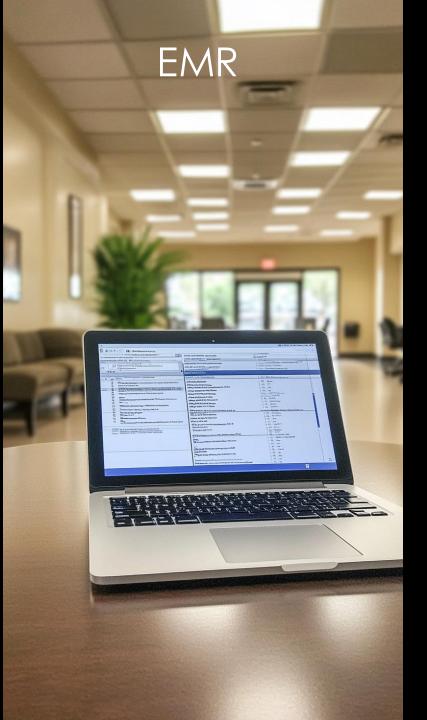


# "You can't manage what you cannot measure." -Peter Drucker



# PATIENT AS CEO OF THEIR OWN HEALTH

We want to empower our providers and patients with readily accessible data with which they can collaboratively make care decisions.

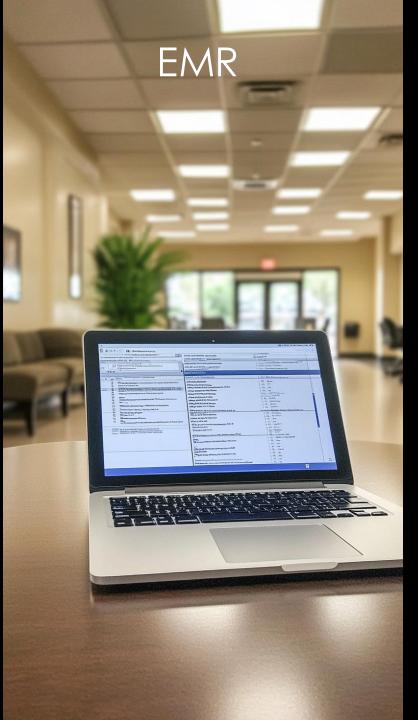


## PATIENT PROVIDED DATA



WEARABLES





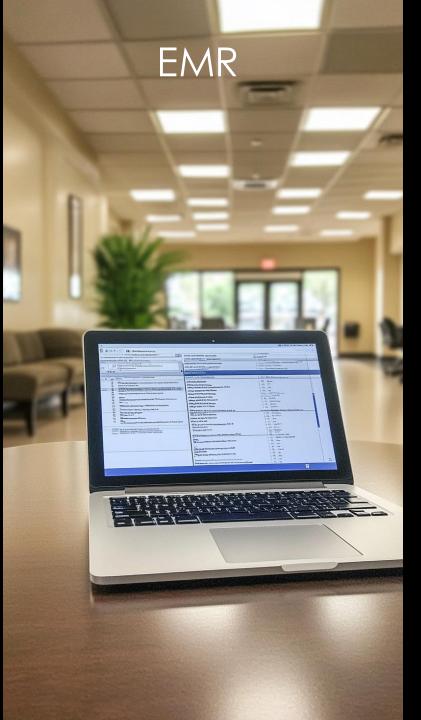


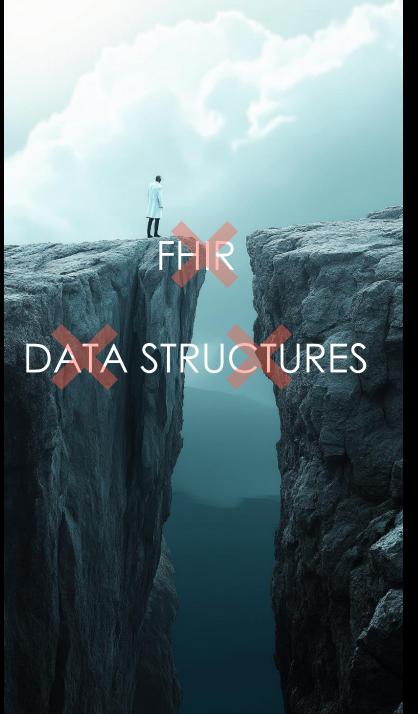
## PATIENT PROVIDED DATA



### WEARABLES







## PATIENT PROVIDED DATA

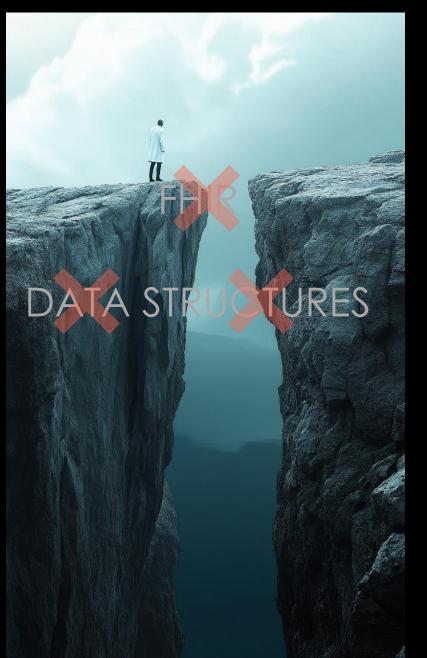


### WEARABLES



### **EMR**





## PATIENT PROVIDED DATA



WEARABLES



### **APPROACH**

### NEUTRAL GROUND

PATIENT PROVIDED DATA











**EMR** 

### NEUTRAL GROUND

PATIENT PROVIDED DATA









1 IMPORT

IMPORT DOCUMENTS
LABS
WEARABLES

2 SEARCH

SEARCH SPEED
TRENDS
DATES

3 COLLABORATE

FAVORITES SORTING JUXTAPOSING



IMPORT DOCUMENTS

LABS

WEARABLES

SEARCH

SEARCH SPEED

TRENDS

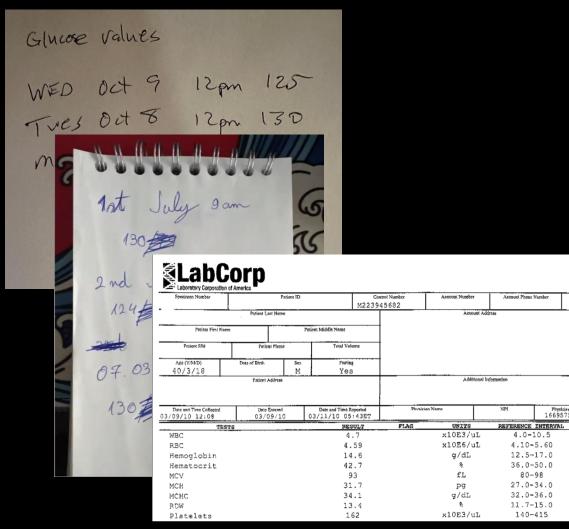
DATES

COLLABORATE FAVORITES

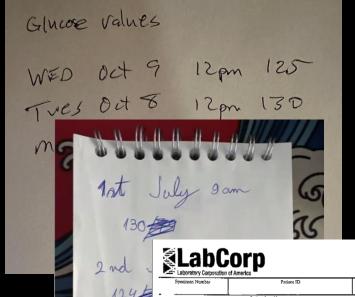
SORTING

JUXTAPOSING

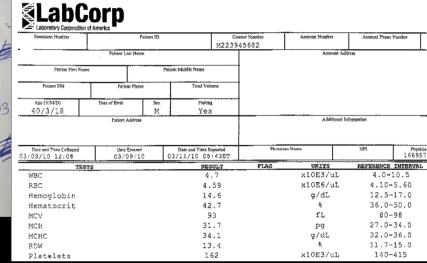
## **OCHALLENGE: IMPORT**BEFORE



## CHALLENGE: IMPORT BEFORE



"How do we track these over time?"

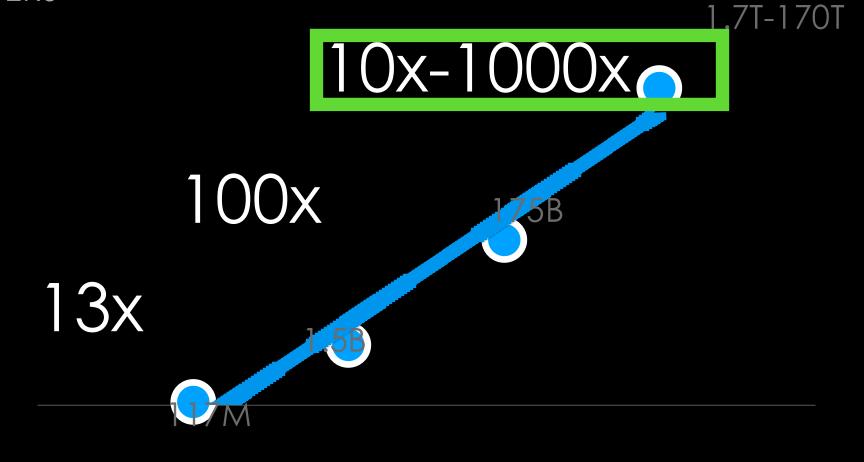




### **OPPORTUNITY: IMPORT**

## LLM PROGRESS

TRAINABLE PARAMETERS



GPT1 GPT2 GPT3 GPT4



#### **Forbes**

GPT-4 Beats 90% Of Lawyers **Trying To Pass The Bar** 

John Koetsier Senior C John Koetsier is a journa speaker.

**OpenAl announces GPT-4, claims it** can beat 90% of humans on the SAT

PUBLISHED TUE, MAR 14 2023-1:42

ChatGPT Passed the U.S. Medical Licensing Exam. Will It Be Your Future Doctor?



Dr. Chatbot will see you now.



Tony Ho Tran

Updated Feb. 09, 2023 2:32PM ET Deputy Editor, Innovation & Tech Published Feb. 09, 2023 2:00PM ET









Large Language Models like GPT have taken the world by storm.



2018

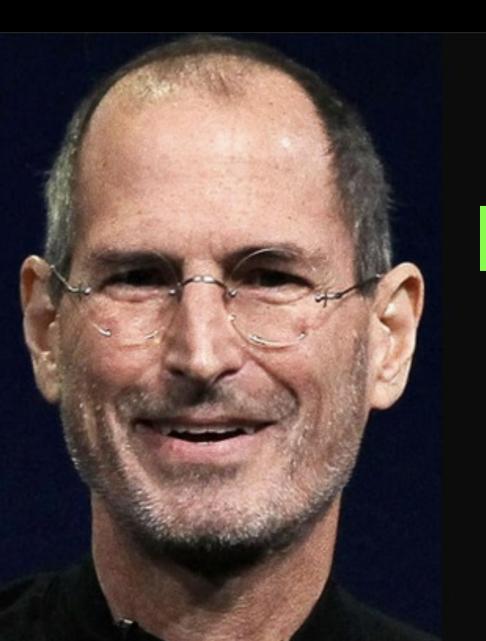
### AI and Compute

We're releasing an analysis showing that since 2012, the amount of compute used in the largest AI training runs has been increasing exponentially with a 3.4-month doubling time (by comparison, Moore's Law had a 2-year doubling period). Since 2012, this metric has grown by more than 300,000x (a 2-year doubling period would yield only a 7x increase). Improvements in compute have been a key component of AI progress, so as long as this trend continues, it's worth preparing for the implications of systems far outside today's capabilities.

## 3.4 MOS

3

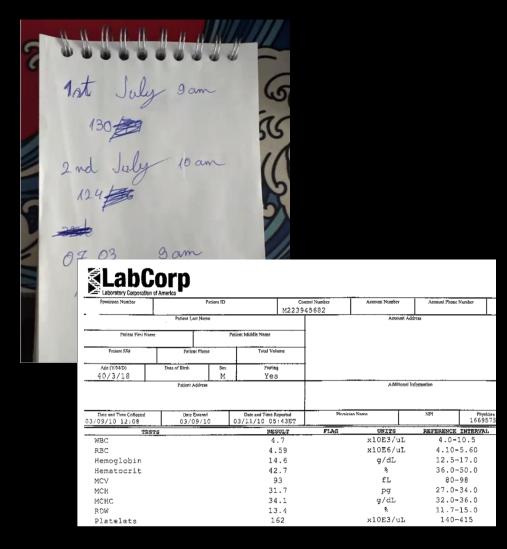
| GPT3 | June 1, 2020       |      |
|------|--------------------|------|
|      | September 11, 2020 | 2    |
|      | December 22, 2020  | 4    |
|      | April 3, 2021      | 8    |
|      | July 14, 2021      | 16   |
|      | October 24, 2021   | 32   |
|      | February 3, 2022   | 64   |
|      | May 16, 2022       | 128  |
|      | August 26, 2022    | 256  |
|      | December 6, 2022   | 512  |
| GPT4 | March 18, 2023     | 1024 |



There's an old Wayne Gretzky quote that I love. I skate to where the puck is going to be, not where it has been.' And we've always tried to do that at Apple. Since the very, very beginning. And we always will.

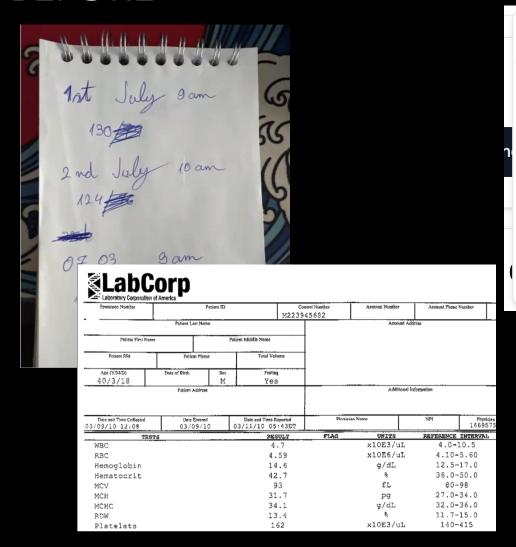
— Steve Jobs —

## IMPORT BEFORE





### IMPORT BEFORE



### **AFTER**

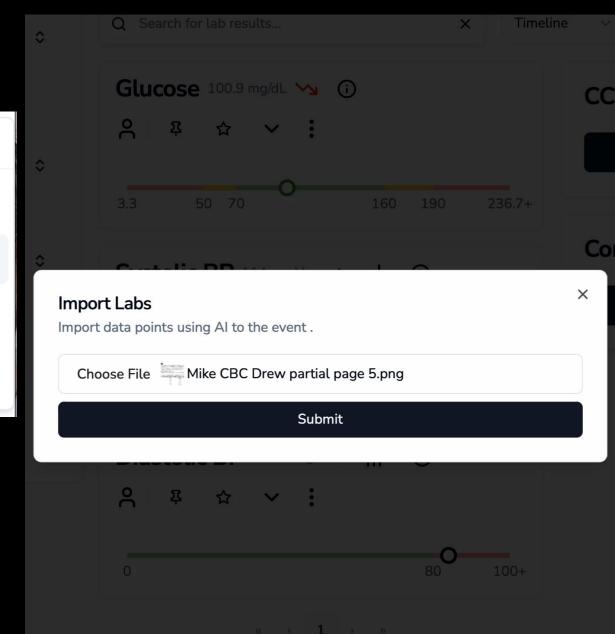
Actions

+ Group

Import Labs

Import Event

Upload File



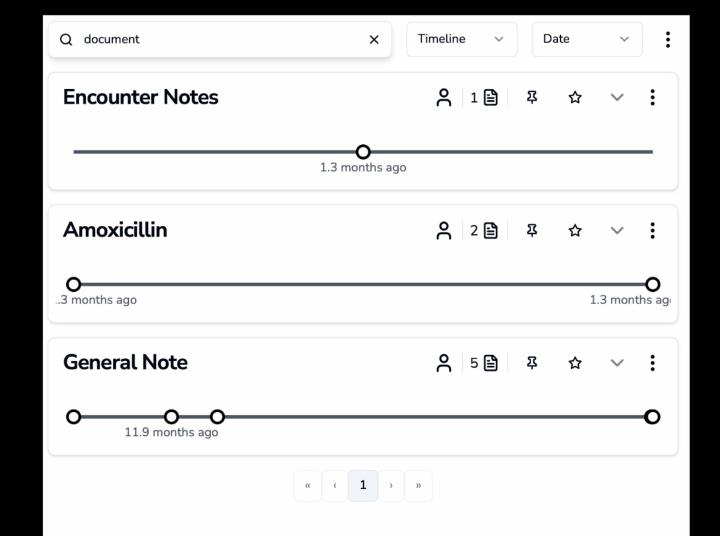
LABS

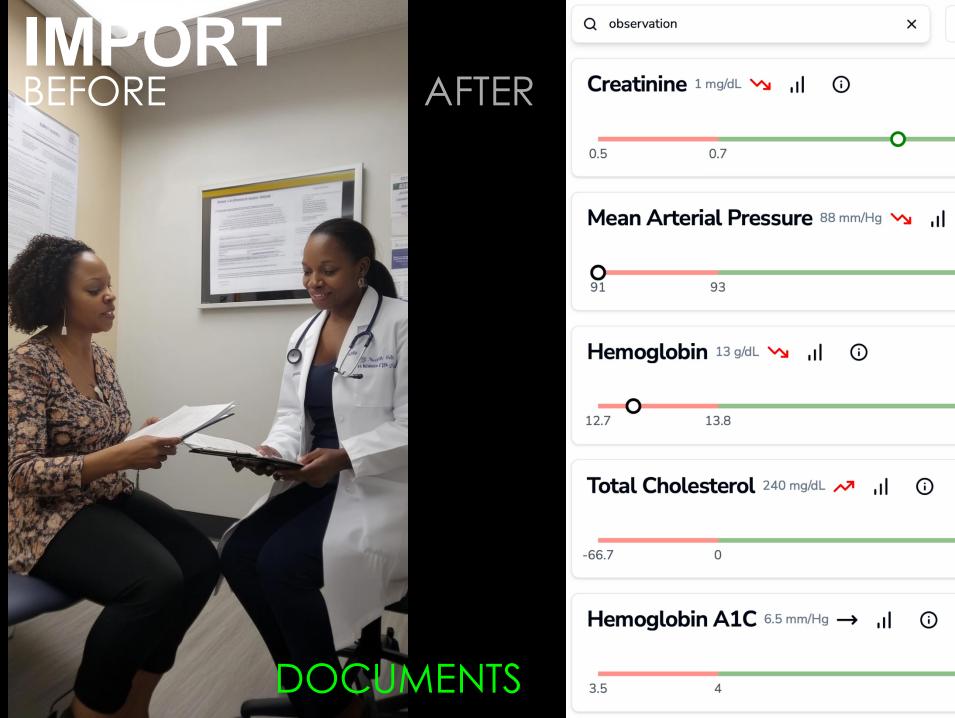
## "Where is your last EKG?"

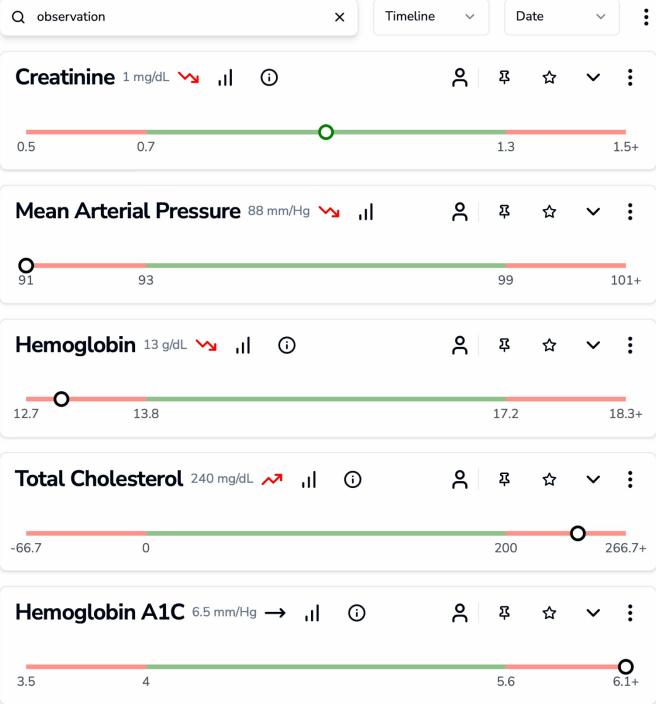




**AFTER** 







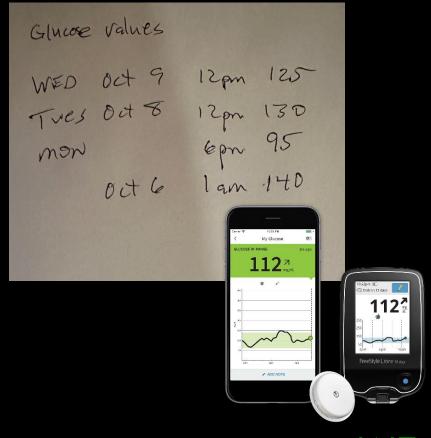
## IMPORT BEFORE

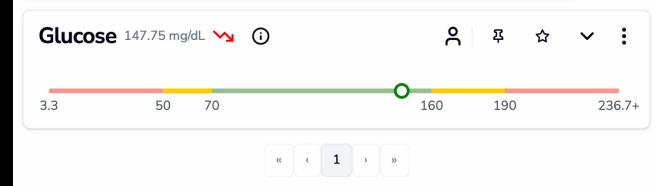


WEARABLES

## IMPORT BEFORE

**AFTER** 





WEARABLES

IMPORT DOCUMENTS

LABS

WEARABLES



SEARCH SPEED

TRENDS

DATES

COLLABORATE FAVORITES

SEARCH

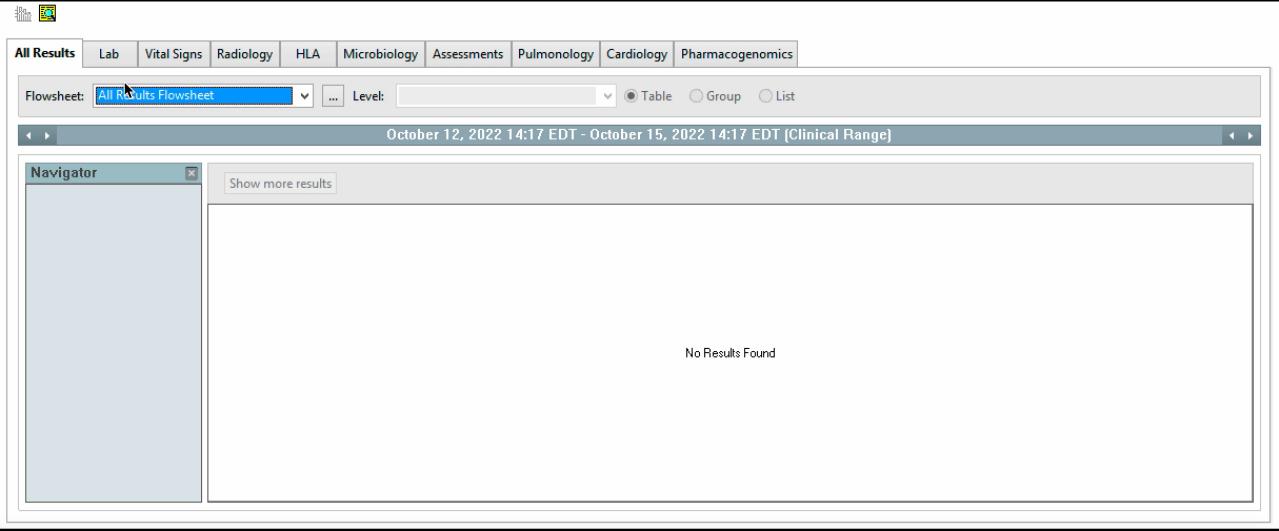
SORTING

JUXTAPOSING

## "Let's discuss your latest kidney function. What's your latest creatinine?"

### 2 SEARCH

BEFORE



**FIND** 

TREND

DATE



Thursday, November 09, 2006

#### Marissa Mayer at Web 2.0

Google VP Marissa Mayer just spoke at the Web 2.0 Conference and offered tidbits on what Google has learned about speed, the user experience, and user satisfaction.

Marissa started with a story about a user test they did. They asked a group of Google searchers how many search results they wanted to see. Users asked for more, more than the ten results Google normally shows. More is more, they said.

So, Marissa ran an experiment where Google increased the number of search results to thirty. Traffic and revenue from Google searchers in the experimental group dropped by 20%.

Ouch. Why? Why, when users had asked for this, did they seem to hate it?

After a bit of looking, Marissa explained that they found an uncontrolled variable. The page with 10 results took .4 seconds to generate. The page with 30 results took .9 seconds.

Half a second delay caused a 20% drop in traffic. Half a second delay killed user satisfaction.

Marissa Mayer: 0.5 second of delay caused 20% traffic dropoff that never recovered.

# What sort of drop-off for conversation & collaboration are we getting in healthcare?

#### THE CLASSIC ELK STACK\*







ELK STACK

### **OPPORTUNITY**

OPEN SOURCE

THE CLASSIC ELK STACK







ELK STACK

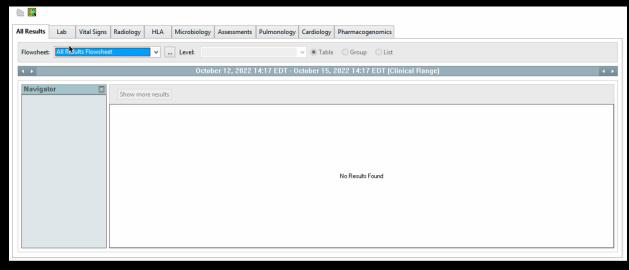


## THE CLASSIC ELK STACK **ELASTIC SEARCH** LOGSTASH **KIBANA**

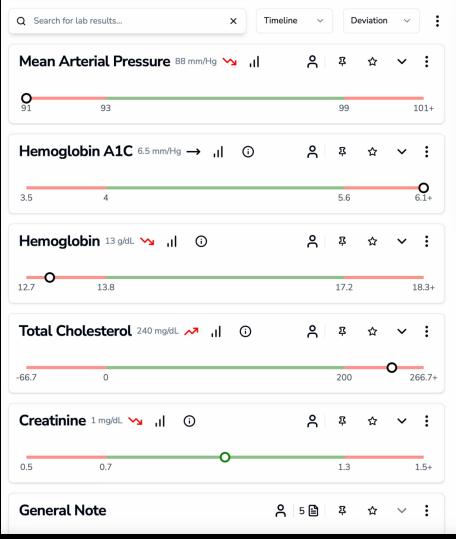
ELK STACK



### SEARCH BEFORE



#### **AFTER**



### **EQUITY ENGINE: CO-PORTAL**

IMPORT DOCUMENTS

LABS

WEARABLES

SEARCH SEARCH SPEED

**TRENDS** 

DATES

3 COLLABORATE FAVORITES SORTING

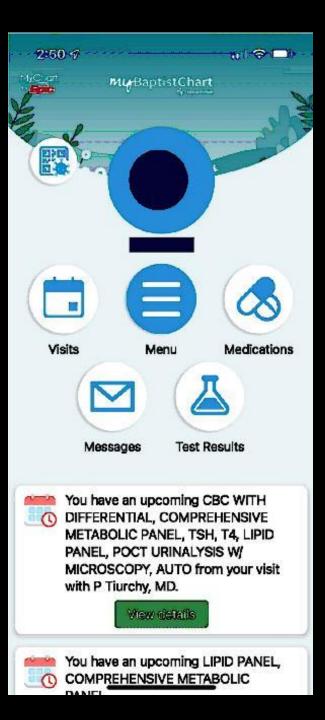
JUXTAPOSING

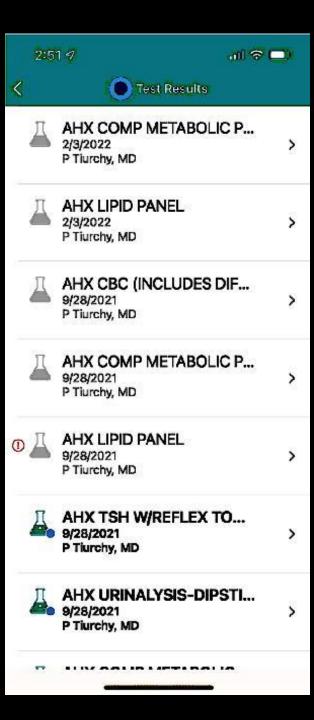


## EPIC MOBILE

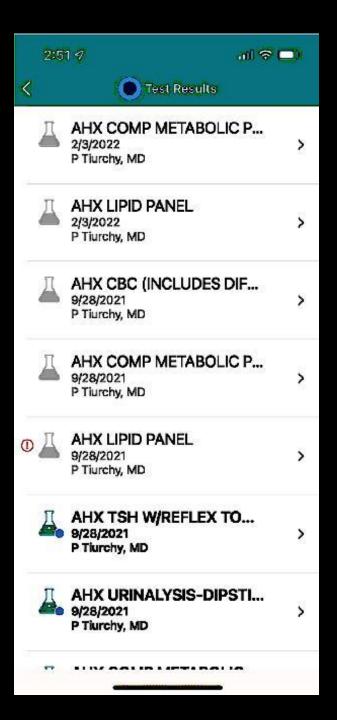


# "What labs do I have that are abnormal?"

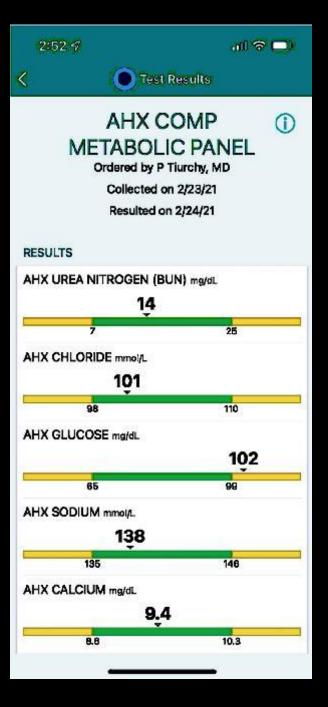




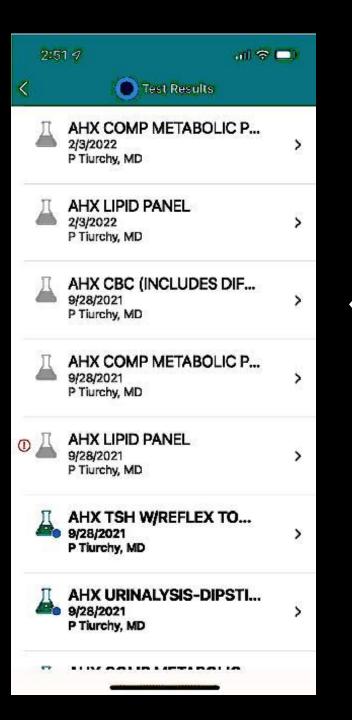


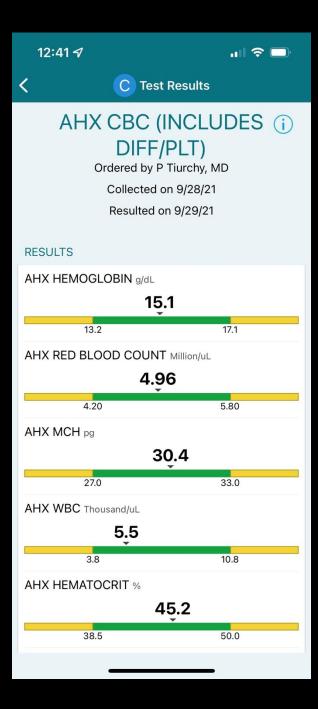




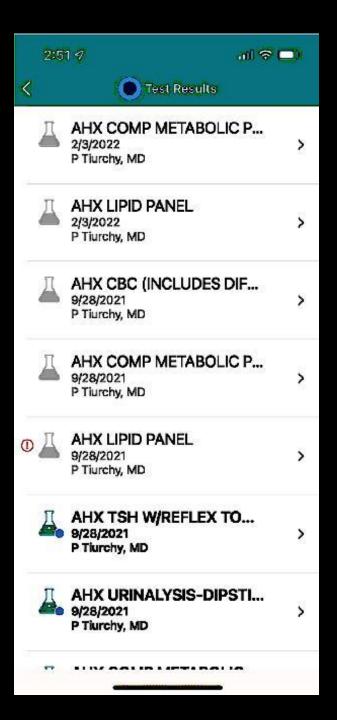




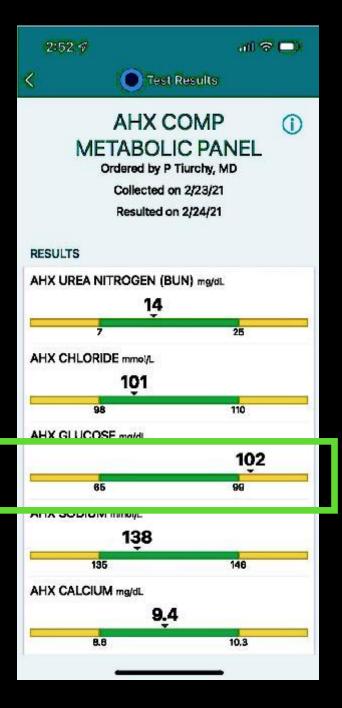




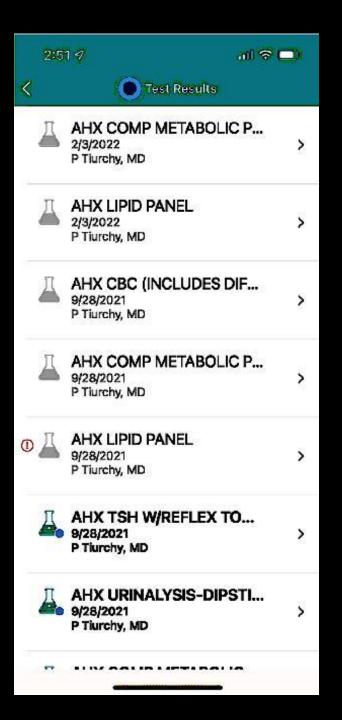


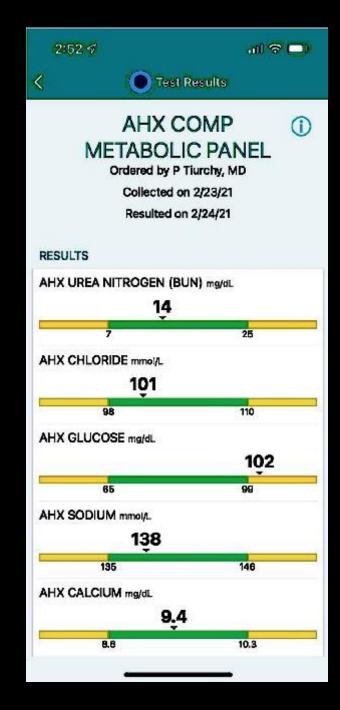


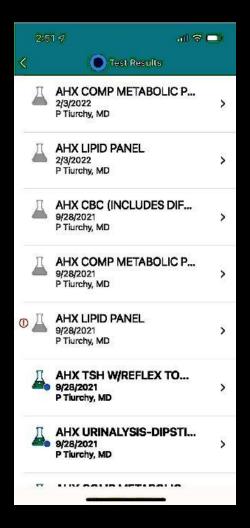






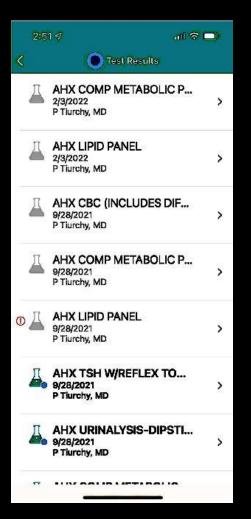


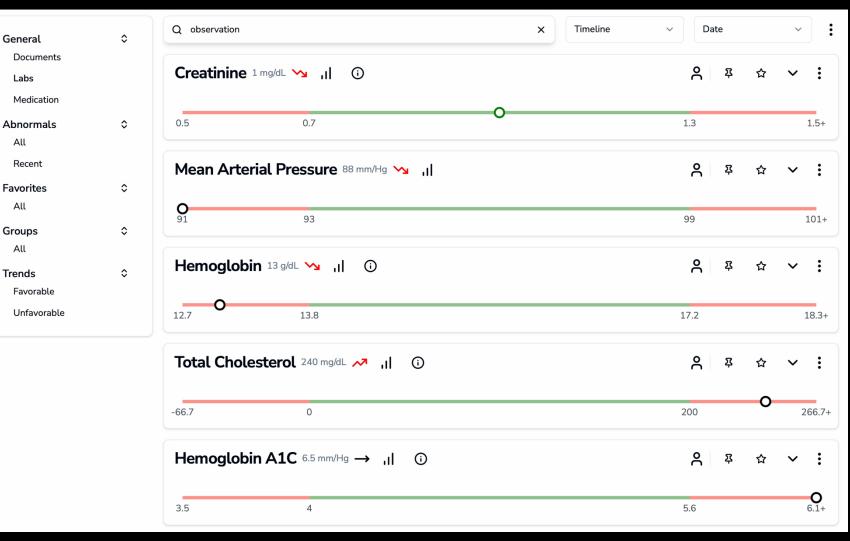


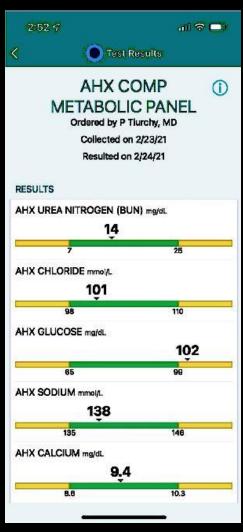


## "What labs should we talk about first?"

## 3 COLLABORATE BEFORE AFTER

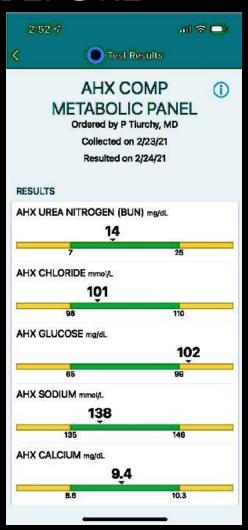


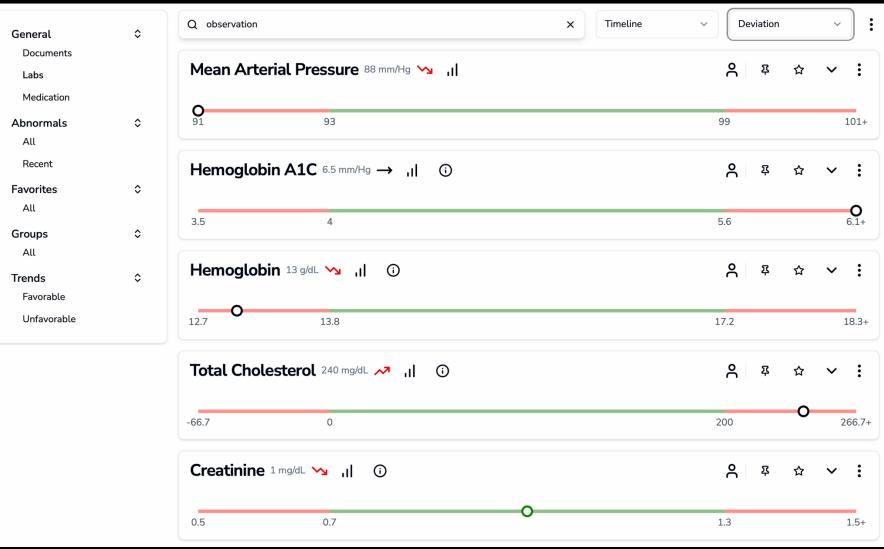


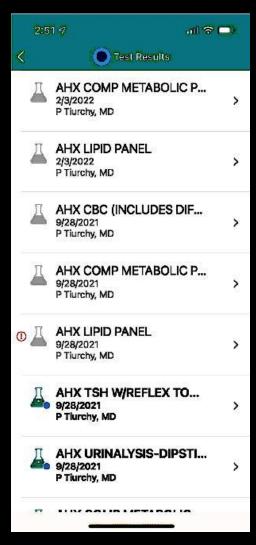


"What did we decide we wanted to track together every time?"

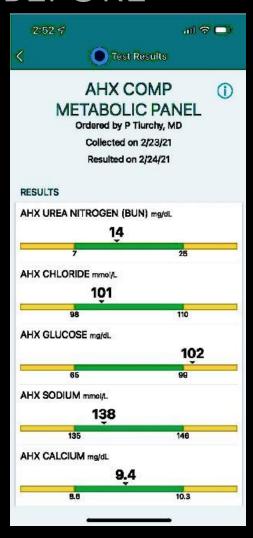
## 3 COLLABORATE BEFORE AFTER

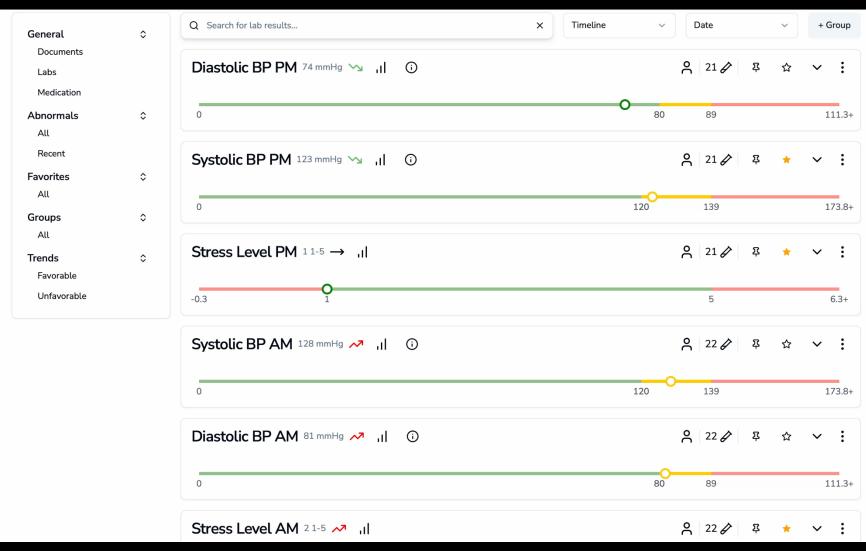


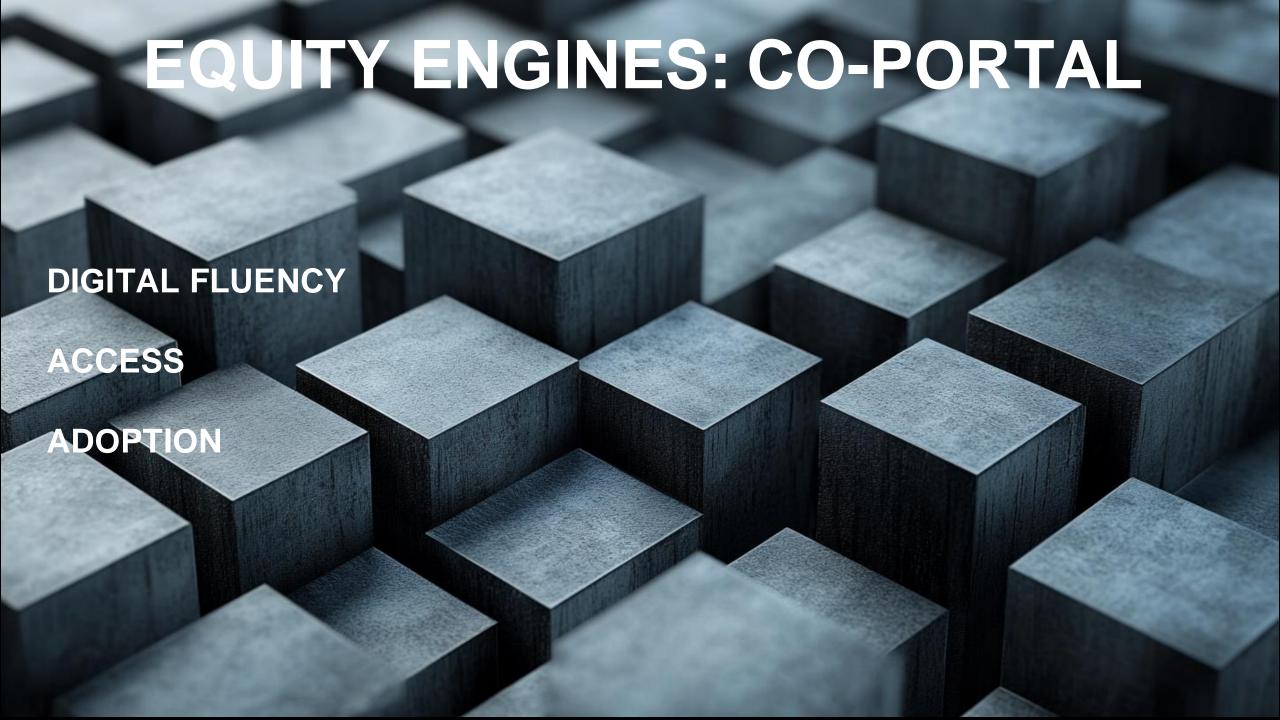




"Let's compare how X (e.g. stress) is affecting Y (e.g. blood pressure)?"





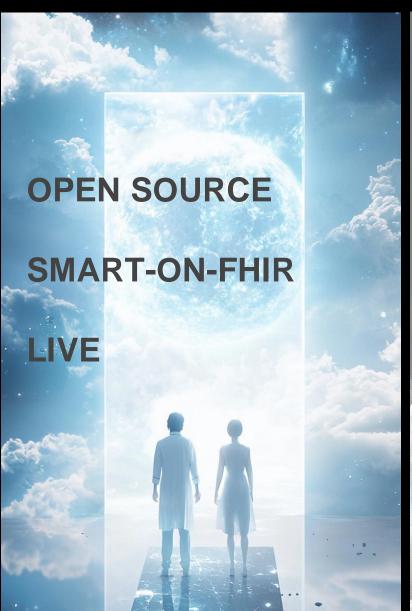


# "You can't manage what you cannot measure." -Peter Drucker



## **EQUITY ENGINE: CO-PORTAL**









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HEALTHLAB WASHINGTON D.C.





**EQUITY ENGINES** 

#### Discussion and audience questions





#### **Reach out**

- Alison Kemp, alison.kemp@hhs.gov
- Feedback Form: <a href="https://www.healthit.gov/form/healthit-feedback-form">https://www.healthit.gov/form/healthit-feedback-form</a>

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